



Serving Size	Calories (kcal)	Protein (g)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugar (g)	Sodium (mg)
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Last Updated: 7/12/2007

THE DON'S DIPS **Comments**

Queso Cup	6 oz.	315	19	23	13	56	10	1	10	2124	
Queso Bowl	12 oz.	630	39	45	26	113	20	1	19	4248	
Queso Blanco Cup	6 oz.	339	12	27	11	45	13	1	3	1830	
Queso Blanco Bowl	12 oz.	678	25	54	21	90	27	1	6	3660	
Prairie Fire Bean Dip Cup	6 oz.	378	17	25	11	40	23	8	2	345	Includes cheese topping
Prairie Fire Bean Dip Bowl	12 oz.	756	35	50	21	80	45	16	5	690	Includes cheese topping
Dip Sampler	4, 2 oz. dips	519	20	39	20	85	27	6	9	1816	Includes one each of all four dips
Dip Sampler - Queso	2 oz.	105	6	8	4	19	3	0	3	708	
Dip Sampler - Queso Blanco	2 oz.	113	4	9	4	15	4	0	1	610	
Dip Sampler - Prairie Fire Bean Dip	2 oz.	126	6	8	4	13	8	3	1	115	Includes cheese topping
Dip Sampler - Guacamole	2 oz.	83	1	8	1	0	4	2	1	171	
Freshly-Made Guacamole	Nutritional values are not yet available for this item.										
Queso Fundido	Nutritional values are not yet available for this item.										
Dips data is for dip only. Chips and/or tortillas not included.											

APPETIZERS **Comments**

Chicken Flautas	6 flautas	507	23	31	12	73	39	5	5	1505	Includes queso and plate garnish
Single Flauta	1 flauta	65	3	4	1	8	6	1	0	120	
Beef Taquitos	6 taquitos	561	29	34	15	73	36	5	5	1406	Includes queso and plate garnish
Single Taquito	1 each	63	4	3	1	8	5	1	0	104	
Fajita Nachos											
Steak Nacho	1 order	1430	72	99	48	228	71	15	8	2480	
Chicken Nacho	1 order	1396	83	87	43	254	73	14	13	2623	
Nacho data includes plate garnish (lettuce, sour cream, guacamole and pickled jalapenos)											
Nachos											
Taco Beef	1 order	1625	70	113	55	242	85	14	22	3308	
Cheese	1 order	1317	63	98	53	231	48	7	5	1960	
Nacho data includes plate garnish (lettuce, sour cream, guacamole and pickled jalapenos)											
Classic Quesadillas											
Cheese - Small	4 slices	812	36	50	27	115	52	2	4	1382	
Cheese - Large	8 slices	1597	71	99	53	223	105	4	8	2723	
Mesquite Grilled Chicken - Small	4 slices	665	37	32	16	99	55	2	6	1348	
Mesquite Grilled Chicken - Large	8 slices	1332	73	65	32	199	110	4	12	2695	
Mesquite Grilled Steak - Small	4 slices	780	30	45	22	94	61	2	11	1690	
Mesquite Grilled Steak - Large	8 slices	1561	61	91	44	187	122	4	21	3381	
Shrimp - Small	Nutritional values are not yet available for this item.										
Shrimp - Large	Nutritional values are not yet available for this item.										
The Don's Sampler	1 order	2002	102.7	118	54.23	299.4	128.8	12.66	12.06	4074	
Guacamole Shrimp Cocktail	Nutritional values are not yet available for this item.										
Mezcal Chicken Wings	Nutritional values are not yet available for this item.										
Chorizo Cheese Sticks	Nutritional values are not yet available for this item.										

FRESH SALADS & SOUPS **Comments**

Taco Salads - Al Carbon Style											
Mesquite-Grilled Chicken	Nutritional values are not yet available for this item.										
Mesquite-Grilled Steak	Nutritional values are not yet available for this item.										
Taco Salads - Traditional Style											
Taco Beef	Nutritional values are not yet available for this item.										
Chicken	Nutritional values are not yet available for this item.										
Margarita Shaker Salads											
Chicken	Nutritional values are not yet available for this item.										
Shrimp	Nutritional values are not yet available for this item.										
Caesar Salads											
Caesar Salad (Plain)	1 salad	1388	21	114	18	54	79	11	24	1577	Includes dressing
Chicken Caesar Salad	1 salad	1563	49	118	20	54	85	11	28	2201	Includes dressing
Steak Caesar Salad	1 salad	1792	37	144	31	119	97	11	38	2886	Includes dressing
Other											
Tortilla Salad	1 salad	549	14	29	7	14	59	7	4	434	Includes shell bowl. Does not include dressing
Soup & Salad Infinito	See data for Tortilla Salad and bowl of soup of choice										
Flour Tortilla Taco Shell	1 shell	486	8	27	5	0	50	3	1	430	
Soup											
Tortilla Soup - Cup	Nutritional values are not yet available for this item.										
Tortilla Soup - Bottomless Bowl	12 oz.	258	13	12	3	43	26	3	5	829	Includes garnish - Values are for one bowl
White Chicken Chili - Cup	6 oz.	234	11	13	3	20	23	4	4	1395	Includes garnish
White Chicken Chili - Bottomless Bowl	12 oz.	541	23	32	10	53	48	8	10	2820	Includes garnish - Values are for one bowl
Salad Dressing											
Bleu Cheese	3 oz.	451	3	48	9	43	3	0	2	672	
Cilantro Ranch Dressing	3 oz.	494	3	46	6	26	20	1	3	2160	
Don's House Vinaigrette	3 oz.	357	6	31	3	0	10	3	9	247	
Honey Mustard	3 oz.	315	0	27	4	12	17	0	15	364	
Low Fat French	3 oz.	150	34	4	0	0	30	1	20	758	
Ranch	3 oz.	318	2	34	5	26	3	0	2	722	

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Dietary Fiber (g)

Total Sugar (g)

Sodium (mg)

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PRIMO COMBOS **Comments**

Numero Uno Favorito													
Steak and Chicken	1 order	1200	44	63	24	130	90	10	21	3291	Includes everything on plate		
Chicken	1 order	1168	50	56	21	134	93	11	18	3035	Includes everything on plate		
El Matador	1 order	1409	63	76	29	171	110	18	14	3803	Includes everything on plate		
Conquistador	1 order	1893	99	88	36	268	156	18	26	4674	Does not include rice		

DON PABLO'S FAMOUS FAJITAS **Comments**

Classic Fajitas													
Chicken	1 order	851	56	29	6	121	90	6	20	2002	Includes onions, peppers and 3, 7" flour tortillas		
Steak	1 order	1174	34	68	24	99	106	6	34	3074	Includes onions, peppers and 3, 7" flour tortillas		
Shrimp	Nutritional values are not yet available for this item.												
Steak and Chicken Combo	1 order	1013	45	48	15	110	98	6	27	2538	Includes onions, peppers and 3, 7" flour tortillas		
Steak, Chicken and Shrimp Combo	Nutritional values are not yet available for this item.												
Above items do not include rice, beans or cold set.													

Fajitas and Skillets

Peppercorn Skirt Steak	Nutritional values are not yet available for this item.											
Chorizo Sausage Fajita with Jalapeno Hollandaise	Nutritional values are not yet available for this item.											
Cilantro-Lime Mahi Mahi	Nutritional values are not yet available for this item.											
Chipotle Portabella Mushroom	Nutritional values are not yet available for this item.											
Above items do not include rice, beans or cold set.												
Garlic Shrimp Skillet	Nutritional values are not yet available for this item.											

Fajita Cold Set

Shredded Lettuce	1 oz.	0	0	0	0	0	0	0	0	0			
Sour Cream	1.25 oz.	77	1	7	5	15	2	0	2	18			
Pico de Gallo	1.25 oz.	8	0	0	0	0	2	0	1	75			
Combo Cheese Topping	1 oz.	108	8	8	4	28	0	0	0	164			
Guacamole (optional)	1.25 oz.	52	0.69	4.94	0.73	0	2.43	1.49	0.51	107			

Other Fajita Components

Onions and Peppers	7 oz.	186	3	13	2	0	17	4	10	4			
7" Flour Tortilla	each	124	3	4	1	0	20	1	1	236			
Lettuce Wraps	3-4 wraps	0	0	0	0	0	1.18	0	0	0			

CARNITAS **Comments**

Traditional Pork Carnitas	1 order	1050	59	38	11	118	118	12	6	3193	Does not include Cold Set.		
Carnitas Cold Set	1 order	187	3	14	2	0	19	9	5	15	Includes everything on Cold Set plate.		

CREATE YOUR OWN COMBO **Comments**

Tacos													
Crispy Beef Taco	1 taco	291	13	18	6	36	21	2	1	350	Includes lettuce, tomatoes and cheese		
Soft Beef Taco	1 taco	327	15	18	7	36	29	2	2	516	Includes lettuce, tomatoes and cheese		
Crispy Chicken Taco	1 taco	257	12	14	5	34	22	3	2	495	Includes lettuce, tomatoes and cheese		
Soft Chicken Taco	1 taco	293	13	14	5	34	30	2	2	661	Includes lettuce, tomatoes and cheese		

Enchiladas

Chicken	1 enchilada	210	8	13	6	35	9	1	3	783	Includes sauce and sour cream		
Beef	1 enchilada	263	16	18	7	46	4	1	0	596	Includes sauce and cheese topping		
Cheese	1 enchilada	232	11	16	9	39	5	1	1	565	Includes sauce and cheese topping		
Spinach & Poblano	1 enchilada	258	5	13	5	9	30	2	5	1012	Includes sauce		

Tamales

Pork	1 tamale	270	11	14	5	31	24	3	0	618	Includes sauce and cheese topping		
Chicken	1 tamale	222	7	10	3	19	25	4	1	600	Includes Ranchero sauce		

Rellenos

Cheese Relleno	1 relleno	396	20	26	14	61	19	1	3	1100	Includes sauce and cheese topping		
Beef Relleno	1 relleno	299	16	17	6	37	20	1	2	1036	Includes sauce and cheese topping		
Chicken Relleno	1 relleno	235	12	11	3	27	21	1	3	1118	Includes sauce and cheese topping		
Above elements are based on individual item. No rice or side items included.													

ENCHILADAS **Comments**

Fajita Enchiladas													
Chicken	3 enchiladas	872	62	51	26	195	21	4	11	2726	Does not include side items		
Steak	3 enchiladas	1101	49	77	38	183	33	4	20	3411	Does not include side items		
Three Amigos	3 enchiladas	697	36	46	21	121	18	3	4	1986	Enchiladas with toppings only. No rice or garnish.		
Mezcal Chicken Enchiladas	Nutritional values are not yet available for this item.												
Mama's Skinny Enchiladas	3 enchiladas	368	24	14	5	73	18	4	6	2028	Enchiladas with toppings only. No rice or garnish.		

Crispy Fish Tacos

Crispy Fish Tacos	Nutritional values are not yet available for this item.											
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Total Sugar (g)
Sodium (mg)

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TRADITIONAL FAVORITES **Comments**

Chimichangas											
Chicken	1 burrito	1099	64	42	20	151	114	8	12	3255	
Spicy Ground Beef Chimi De Oro	1 burrito	1349	52	68	32	141	131	8	26	4102	
Burritos											
Chicken Burrito	1 burrito	878	43	48	21	135	70	5	9	2891	
Spicy Ground Beef and Bean Burrito	1 burrito	1389	66	73	30	154	123	19	11	3261	
Fajita Burrito	Nutritional values are not yet available for this item.										
Shrimp Burrito	Nutritional values are not yet available for this item.										
Burrito and Chimi data does not include Mexican rice or plate garnish.											

SIZZLING FAJITAS AND ENCHILADA COMBOS **Comments**

Chicken Fajitas & Chicken Enchilada	1 order	986	55	34	11	123	105	6	17	2561	Does not include refritos or cold set
Steak Fajitas & Steak Enchilada	1 order	1255	37	66	25	104	119	6	28	3453	Does not include refritos or cold set
Shrimp Fajitas & Shrimp Enchilada	1 order	981	41	63	20	278	65	7	14	2957	Does not include refritos or cold set

MESQUITE-GRILLED FAVORITES **Comments**

Grilled Shrimp	1 order	Nutritional values are not yet available for this item.									
Skirt Steak	1 order	Nutritional values are not yet available for this item.									
Grilled Chicken	1 order	Nutritional values are not yet available for this item.									
Grilled Chicken and Shrimp	1 order	Nutritional values are not yet available for this item.									
Skirt Steak and Grilled Shrimp	1 order	Nutritional values are not yet available for this item.									
Bacon Cheddar Burger	1 order	Nutritional values are not yet available for this item.									
Bacon Cheddar Chicken Sandwich	1 order	Nutritional values are not yet available for this item.									

DESSERTS **Comments**

Fried Ice Cream (Adult Serving)	1 order	827	12	35	18	107	116	2	56	568	Data represents entire presentation
Chocolate Volcano Cake	1 order	1380	11	77	27	134	161	2	132	972	Data represents entire presentation
Sopapillas	1 order	1402	14	78	18	19	160	3	59	1490	Data represents entire presentation
Margarita Chimichanga Cheesecake	1 order	Nutritional values are not yet available for this item.									

LUNCH **Comments**

Don Pablo's Lunch	1 order	755	36	39	17	85	54	12	4	2100	
El Favorito	1 order	982	40	52	24	124	81	12	5	2654	
Dos Chicken Enchiladas	1 order	729	30	35	14	84	63	12	8	2624	
Dos Beef Enchiladas	1 order	754	39	39	15	85	53	11	3	2091	
Dos Cheese Enchiladas	1 order	755	33	39	20	85	55	12	5	2109	
Dos Tacos											
Dos Beef Tacos -Crispy	1 order	820	37	41	14	79	81	14	5	1678	
Dos Beef Tacos - Soft	1 order	851	40	37	15	79	92	12	8	2087	
Dos Chicken Tacos - Crispy	1 order	766	36	34	11	79	83	14	6	2055	
Dos Chicken Tacos - Soft	1 order	780	37	29	11	74	94	13	9	2381	
Mamma's Skinny Enchiladas	1 order	476	25	14	5	54	51	10	7	2267	
Don Diego	1 order	758	35	38	15	88	58	12	6	2366	
Rico's Lunch	1 order	794	38	39	14	82	70	13	4	1885	
Quesadillas & Salads											
Cheese	1 order	903	42	55	30	128	61	4	6	1452	Does not include dressing or quesadilla garnish
Mesquite-Grilled Chicken	1 order	773	42	39	19	113	63	4	8	1440	Does not include dressing or quesadilla garnish
Mesquite-Grilled Steak	1 order	888	36	52	25	107	69	4	12	1783	Does not include dressing or quesadilla garnish
Shrimp	1 order	Nutritional values are not yet available for this item.									
Above items include side dishes and plate garnish.											
Lunch-Sized Fajitas											
Classic Steak	1 order	772	21	39	13	49	83	4	18	1891	Includes onions, peppers and 3, 7" flour tortillas
Classic Chicken	1 order	600	31	20	5	58	74	4	11	1377	Includes onions, peppers and 3, 7" flour tortillas
Combo Fajita	1 order	685	26	29	9	54	78	4	14	1634	Includes onions, peppers and 3, 7" flour tortillas
Above items do not include rice, beans or cold set.											
Sandwiches and More ▶ See Traditional Favorites of this guide											
Fresh Salads & Salad Dressings ▶ See Fresh Salads & Soups Section of this guide											

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SIDES, SAUCES & GARNISHES											Comments
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SIDES, SAUCES & GARNISHES											
Black Beans	4 oz.	119	7	2	0	0	20	7	6	383	
Charro Beans	5 oz.	96	5	2	0	0	16	6	2	333	
Chile-mashed potatoes	2.75 oz.	108	1	6	2	2	12	1	1	373	Includes cheese topping
Chips and Salsa	1 order	338	5	17	3	0	43	5	2	406	12 chips, 2 oz. salsa
Combo Cheese	1 oz.	109	7	9	6	27	0	0	0	162	
Combo Cheese Topping	1/4-oz.	27	2	2	1	7	0	0	0	41	
Guacamole	1.25 oz.	52	1	5	1	0	2	1	1	107	
Mexican Rice	3 oz.	107	2	1	0	0	21	1	1	416	This item is vegetarian and includes cheese topping
Seasoned Vegetables	6 oz.	98	3	5	1	0	13	3	4	305	
Pico de Gallo	1.25 oz.	8	0	0	0	0	2	0	1	75	
Ranchero Sauce	5 oz.	44	1	0	0	0	9	1	3	922	
Red Sauce	2 oz.	17	0	0	0	0	4	1	0	330	
Refritos	5 oz.	262	13	10	4	0	31	11	2	602	This item is vegetarian and includes cheese topping
Salsa	1 oz.	6	0	0	0	0	1	0	1	210	
Salsa - Spicy Chili Macho	2 oz.	14	1	0	0	0	3	1	2	384	
Seasoned Vegetables	6 oz.	98	3	5	1	0	13	3	4	305	
Side Salad	1 salad	108	5	7	3	14	8	2	2	92	Includes cheese, tomatoes and tortilla strips
Sour Cream	1.25 oz.	77	1	7	5	15	2	0	2	18	
Sour Cream Sauce	2 oz.	66	1	4	3	9	5	0	2	431	
Sour Crema	1 oz.	57	1	5	3	11	1	0	1	14	
Spoon Bread	4 oz.	250	2	12	2	0	32	2	14	556	

LITTLE AMIGOS											Comments
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Cheese Enchilada Dinner	1 order	515	25	29	15	66	33	7	6	1584	Includes rice and beans
Beef Taco Dinner	1 order	483	21	24	8	43	50	8	3	983	Includes rice and beans
Dogs in a Blanket	1 order	1248	41	78	34	122	98	7	12	4012	Includes Tater Tots
Grilled Cheese Crisp	1 order	883	24	48	21	54	92	6	11	2363	Includes Tater Tots
Corn Dog	1 order	724	15	40	10	30	80	8	15	2598	Includes Tater Tots
Chicken Stix	1 order	739	13	46	11	33	75	5	22	1911	Includes Tater Tots

COOL AMIGOS											Comments
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Cool Amigo Fajitas - Beef	1 order	1272	42	63	26	97	134	15	22	3017	
Cool Amigo Fajitas - Chicken	1 order	1099	51	44	17	105	125	15	15	2501	
Chicken Nachos	1 order	745	44	46	23	133	42	8	5	1231	
Steak Nachos	1 order	859	37	59	29	128	48	8	10	1575	
Cool Amigo Chicken Quesadilla	1 order	1507	47	85	29	113	137	10	6	2402	Includes fries
Cool Amigo Steak Quesadilla	1 order	1622	41	98	35	108	143	10	10	2746	Includes fries
Hamburger	1 order	1145	51	57	18	116	106	9	5	942	Includes fries
Chicken Sandwich	1 order	1068	42	52	15	87	108	9	5	1312	Includes fries
Fried Ice Cream (Small)	1 order	424	6	18	10	54	58	1	28	292	Includes sauces, whip cream and cherry

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